




Early Childhood Council of Larimer County ECE Covid Guidance Supplemental Information Packet

When utilizing the Healthy Child Care Colorado ECE Covid Guidance documents, please reference this document regarding information specific to Larimer County. Our Physical Distancing Procedures, Daily Health Checks and Outdoor Play Procedures have all been reviewed and approved by the Larimer County Health Department.

Healthy Child Care Colorado	Larimer County Supplemental Information
Health Planning and Preparation: Communication Plan	Letter for Families Template Waiver and Release of Liability for Parents Waiver and Release of Liability for Employees
Daily Schedule Review	Physical Distancing Procedures
Drop Off Procedures	Physical Distancing Procedures
Health Check Station	Daily Health Checks
Local Health Department	Staffing Information & Available Resources
Play Area/Playground	Outdoor Play
Supplies	Supplies: What You Need and Where to Get Them
Mental Health Supports	Supporting Each Other: We're All in This Together
Covid-19 Symptoms	Covid 19 Information and Procedures

	<h2 style="text-align: center;">Physical Distancing Procedures</h2>	<p><i>The physical distancing guidelines of being 6 feet apart also apply to child care centers and homes. While this may seem near impossible, we simply ask that you do your best.</i></p>
<h3>Drop Off/ Pick Up</h3>	<ul style="list-style-type: none"> • Drop off & pick up outside the center is being recommended - but it is not mandatory. • Stagger arrival & drop off times so that you have ample time to perform a health check, ask parents questions about the health of their child & family, and have them sign in. • Limit direct contact with parent/family member at drop off/pick up. (be sure to disinfect any pens being used to sign in or that you are disinfecting a tablet if that is used) • Provide hand sanitizer (should be kept out of reach of children) • Ideally, drop off and pick up should be done by the same person. It is not recommended that the designated parent or person involved in drop off and pick up be a vulnerable or higher risk person. • Refrain from hugging, high fives, or shaking hands • Be sure to wear PPE when assisting with drop off and pick up. 	
<p><i>Things to consider:</i></p>	<p><i>Placing X marks on the pavement 6 feet apart as waiting spaces for families</i> <i>Having alternatives for inclement weather - a canopy or some other type of covering.</i> <i>A poster with greeting alternatives like a wave, a big smile, do the twist or do a little dance.</i></p>	
<h3>Group Size</h3>	<p>Maximum allowed: 10 - Does Not Include Staff</p> <ul style="list-style-type: none"> • CDPHE and CDHS have convened and determined that the guidance is “No more than 10 children should be in one group in a child care facility. This does not include staff.” • Groups of 10 children and their caregivers/teachers should remain consistent each day, for the entirety of the day, with providers doing everything they can to maintain the same consistent groups for the duration of the Safer at Home order. • Try to keep siblings together. • CDPHE does not have an end date for the limit of 10 children in a group at this time. The Department continues to work closely with CDPHE to determine when current regulations can be lifted, while still ensuring the safety of children and staff in child care facilities. <i>The limit of 10 children not only helps to slow the community spread of COVID-19, it also helps limit children’s exposure while in child care.</i> • The group size of 10 children applies to common areas. There is the possibility to have more than one consistent group of 10 in a common area as long as the appropriate physical distance (6 feet between each child and minimum of 36 square feet per child) can be accommodated. 	
<p><i>Things to consider:</i></p>	<p><i>Physical not Social Distancing. While we need to stay 6 feet apart physically - engaging socially is still important. Let’s stay physically distant and socially engaged.</i></p>	

Additional Guidance

Naptime	Snacks & Meals	Items from Home	Outside Visitors	Administrative Staff
Position mats 6 feet apart. Head to toe positioning, No masks during naptime.	Serve children individually. Wear gloves while serving food. Multiple children should not use the same utensils.	It is not recommended that children bring any items from home into your center/home until further notice.	It is not recommended that you allow outside visitors to enter your center/home until further notice.	Consider allowing administrative staff to work from home when possible. Stagger schedules if possible to reduce the number of people in the center at one time.

Content Sources: CDC Guidelines for Child Care Providers That Remain Open, April 2020
National Center on Early Childhood Health and Wellness, April 2020
CDPHE, CDHS, EC Safer at Home Guidance for the Early Childhood Community, May 2020



Daily Health Checks

Step 1	Step 2	Step 3	Step 4	Step 5
<p>Upon arrival, wash your hands and put on a facemask, eye protection (if available: goggles or disposable face shield that fully covers the front and sides of the face), and a single pair of disposable gloves.</p> <p>A gown could be considered if extensive contact with a child is anticipated. Gowns/smocks should be changed after extensive contact with each separate child so the same gown is not used repeatedly.</p>	<p>Make a visual inspection of the child for signs of illness, which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness, and confirm that the child is not experiencing coughing or shortness of breath.</p>	<p>Take the child's temperature.</p> <p>Do not admit children with a fever (over 100.4 degrees F), cough or show signs of trouble while breathing.</p> <p>If performing a temperature check on multiple individuals, ensure that you use a clean pair of gloves for each child</p> <p>It is recommended that no touch (such as infrared thermometers) be used. If inner ear thermometers are used, they should be used with disposable covers and cleaned in between use. Oral thermometers should only be used as a last resort to minimize transmission from saliva and preferably a no-touch thermometer can be obtained.</p>	<p>After each screening, remove and discard gloves, and wash hands.</p> <p>Use an alcohol-based hand sanitizer that contains at least 60% alcohol (keep out of reach of children) or wash hands with soap and water for at least 20 seconds.</p> <p>If hands are visibly soiled, soap and water should be used before using alcohol-based hand sanitizer (keep out of reach of children).</p>	<p>Update Log.</p> <p>Please be sure to keep a daily log of your health checks for both employees and children.</p>

Content Sources: CDC Guidelines for Child Care Providers That Remain Open, April 2020
 National Center on Early Childhood Health and Wellness, April 2020
 Larimer County Covid Compliance Task Force, May 2020

	<h2 style="margin: 0;">Staffing Information & Additional Resources</h2>	<p>Early Childhood Council of Larimer County 2850 McClelland Drive, Suite 3400 Fort Collins, CO 80525 (970-377-3388)</p>	<p>info@ecclc.org covid19support@ecclc.org referrals@ecclc.org</p>
<h3 style="margin: 0;">Staffing</h3>	<h3 style="margin: 0;">Larimer County Coronavirus (COVID-19)</h3>	<h3 style="margin: 0;">State of Colorado Colorado COVID-19 Updates: Home</h3>	<h3 style="margin: 0;">Other</h3>
<p>Review attendance and sick leave policies that already have in place.</p> <p>Plan for absenteeism</p> <p>Review the usual absenteeism patterns at your childcare among both students and staff.</p>	<p>Licensing Be sure to stay in contact with your licensing representative.</p> <p>Nurse Consultants Be sure to stay in contact with your Nurse Consultants</p>	<p>Safer at Home</p> <p>Safer at Home: Child Care Facilities</p>	<p>CDC School Settings COVID-19</p> <p><i>In Spanish</i> Centros para el Control y la Prevención de Enfermedades CDC</p>
<p>Require students and staff to stay home when sick. Use flexibility, when possible, to allow staff to stay home to care for sick family members</p>	<p>Health and Environment Coronavirus (COVID-19)</p>	<p>Public health & executive orders resource</p>	<p>Child Care Aware Homepage - Child Care Aware® of America</p>
<p>If you are in need additional staff during this time, please go here: Resources</p>	<p>Health & Environment: Child Care COVID-19 Information for Childcares</p>	<p>Symptom Tracker (Employees) Instructions Intake Form ERM</p>	<p>NAEYC</p>
<p>If a staff member becomes sick: Guidance for Child Care Programs that Remain Open</p>	<p>Mental Health Corrina Crandall, Summit Stone corinna.crandall@summitstonehealth.org</p>	<p>Telehealth Telehealth and nurselines</p>	<p>Helping Children Understand Caring for Each Other</p>
<p>Plan for Absenteeism: Guidance for Child Care Programs that Remain Open</p>	<p>United Way of Larimer County</p>	<p>Licensing Colorado Office of Early Childhood Oec providers Providers</p>	<p>Healthy Children HealthyChildren.org - From the American Academy of Pediatrics</p>
<p>Be sure to check in with your staff and make an effort to allow for mental health breaks as needed.</p>		<p>CACFP Child and Adult Care Food Program Department of Public Health and Environment</p>	<p>Small Business Administration (SBA)</p>



Outdoor Play

The physical distancing guidelines of being 6 feet apart also apply to child care centers and homes. While this may seem near impossible, we simply ask that you do your best.

Outdoor Play

- Stagger outdoor play times
- Keep groups separate
- Maintain a 6 foot physical distance when possible.
- Plan activities that limit close physical contact, sharing of equipment, or waiting in line
- Refrain from hugging, high fives, or holding hands
- Be sure to wash hands after playing outside - before would be helpful as well if it works into your schedule.

Outdoor Play Ideas

Grow a Garden	Hula Hoops	Find shapes in the clouds and then draw them.	Scavenger Hunt	Charades	Run, hop, jump, skip
Sidewalk Chalk	Outdoor Dance Party	No touch obstacle course	Simon Says	Build an outdoor sculpture with rocks, leaves, twigs and sticks.	Use twigs, sticks & yarn to make some cool art

Things to consider:

Designate an employee to disinfect all play equipment after each use.

Group Size

- Maximum allowed: 10 - Does Not Include Staff**
- CDPHE and CDHS have convened and determined that the guidance is “No more than 10 children should be in one group in a child care facility. This does not include staff.”
 - Groups of 10 children and their caregivers/teachers should remain consistent each day, for the entirety of the day, with providers doing everything they can to maintain the same consistent groups for the duration of the Safer at Home order.
 - Try to keep siblings together.
 - CDPHE does not have an end date for the limit of 10 children in a group at this time. The Department continues to work closely with CDPHE to determine when current regulations can be lifted, while still ensuring the safety of children and staff in child care facilities. ***The limit of 10 children not only helps to slow the community spread of COVID-19, it also helps limit children’s exposure while in child care.***
 - The group size of 10 children applies to common areas. There is the possibility to have more than one consistent group of 10 in a common area as long as the appropriate physical distance (6 feet between each child and minimum of 36 square feet per child) can be accommodated.

Things to consider:

Physical not Social Distancing. While we need to stay 6 feet apart physically - engaging socially is still important. Let’s stay physically distant and socially engaged.

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CDPHE, CDHS, EC Safer at Home Guidance for the Early Childhood Community, May 2020
Larimer County Covid Compliance Task Force, May 2020*



Supporting Each Other: We're All In This Together

	<h2>Supporting Each Other: We're All In This Together</h2>	
Helping Families	Helping Children	Helping Ourselves & Each Other
Keep Families Informed Be sure that all emergency contact information is updated	Talking with Children about Covid-19 10 tips for talking about COVID-19 with your kids	WebMD A Simple Self-Care Exercise to Calm Your Nerves
Check in with Families: Food insecurity, housing, financial stability	Caring For Each Other: Sesame Street Caring for Each Other	Behavioral Health Information: COVID-19 Information from the Office of Behavioral Health
Larimer County Human Services Human Services	Supporting Young Children During Covid-19 https://dcfs.my.salesforce.com/sfc/p/#410000012srR/a/4N000000Htg7/QesPwbkY.DvsJe79.N_J.6w8_auzdaSCi.SGytipgWk	CDC Mental Health and Coping During COVID-19
Mental Health Supports: COVID-19 Information from the Office of Behavioral Health	SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach	Child Mind Self-Care in the Time of Coronavirus
Larimer County Food Bank: Food Bank for Larimer County	Zero to Three Home • ZERO TO THREE	Child Mind Self-Care in the Time of Coronavirus



Supplies: What you need and where to get them

Updated
as of May
11, 2020

Cleaning NoCo Safety Supply – A marketplace for small business safety gear.	Diapering/ Toileting	PPE NoCo Safety Supply – A marketplace for small business safety gear.	Handwashing	Other
<p>To receive a letter identifying you as a licensed provider - which will allow to purchase larger quantities of supplies, please register the your status (open/closed) here: Ncovregister</p> <p>Then send an email here cdhs_oec_eclchildcarelicensing@state.co.us Include your license number</p>	<p>FEMA: The ECCLC has received half of a shipment from FEMA that include size 1 and 3 diapers - and formula. We are currently waiting on the second shipment which will, <i>hopefully</i>, include size 4 & 5 diapers and wipes. We will notify providers as soon as it arrives.</p>	<p>Larimer County Public Health Order: HEALTH & ENVIRONMENT</p> <p>Larimer County: Fabric Face Coverings Fabric Face Coverings</p>	<p>CDC Handwashing Posters: Posters Handwashing</p>	<p>School Specialty: Summer learning supports available. Learn more HERE.</p>
<p>School Specialty: Masks and cleaning products available. More information HERE and HERE.</p>	<p>To receive a letter identifying you as a licensed provider - which will allow to purchase larger quantities of supplies, please register the your status (open/closed) here: Ncovregister</p> <p>Then send an email here cdhs_oec_eclchildcarelicensing@state.co.us Include your license number</p>	<p>Masks for Adults: The ECCLC has received adult masks that we will distribute to providers. You can also order more here: Colorado Mask Project</p>	<p>Soap: Costco Sam's Club</p> <p>To receive a letter identifying you as a licensed provider - which will allow to purchase larger quantities of supplies, please register the your status (open/closed) here: Ncovregister</p> <p>Then send an email here cdhs_oec_eclchildcarelicensing@state.co.us Include your license number</p>	<p>Discount School Supply: Currently offering 20% discount and free shipping on all orders.</p>
<p>Office of Early Childhood Supply Drop - Coming Soon! The ECCLC will notify all Larimer County providers who have updated their status with the Emergency Care Collaborative</p>	<p><i>(This cell is shared with the previous row)</i></p>	<p>School Specialty: Masks and cleaning products available. More information HERE and HERE.</p>	<p><i>(This cell is shared with the previous row)</i></p>	<p><i>(This cell is shared with the previous row)</i></p>
<p>If you are not in the Emergency Child Collaborative - please contact the ECCLC at covid19support@ecclc.org and let us know what you may need. We will do our very best to help.</p>	<p><i>(This cell is shared with the previous row)</i></p>	<p><i>(This cell is shared with the previous row)</i></p>	<p>Sanitizer - Should be kept out of reach of children. <i>The ECCLC has about 25 bottles available thanks to a generous donation from New Belgium Brewing and Leopold Brothers.</i></p>	<p><i>(This cell is shared with the previous row)</i></p>



COVID Information and Procedures

What to do if there is a confirmed case of COVID in a child that attends your program or a staff member who works at the facility; or if a child or staff member develops COVID like symptoms while attending your program.

- Prepare parents for the event of an illness, as well as isolation, sending the child or staff member home, and the duration that person needs to be excluded. This may be information that you want to add to your initial welcome back letter, newsletters, and other communication with families.
- Establish clear plans /protocols to isolate staff and children who develop symptoms within your care. A separate area or cots or mats should be available.
- Any school or child care program in Colorado with a single confirmed case of COVID-19 in a staff member or student will close for a minimum of 72 hours for cleaning and physical distancing.
- Any school or child care program that must close will partner with their local public health agency to conduct contact tracing and further COVID-19 testing.
- Any school or child care program with a second confirmed case of COVID-19 in a staff or student within a 30 day period requires a second minimum 72 closure for cleaning, testing and public health investigation.
- Any school or childcare with 3 confirmed cases of COVID-19 in staff or students within a 30 day period requires a closure for a minimum of 14 days.
- If 3 schools or child care centers or schools in a district have confirmed cases of COVID-19 within a 30 day period, all schools or childcares within the district are required to close for a minimum of 14 days for cleaning, testing and public health investigation. If you are a FCCH or independent Child Care program or preschool, please consult with the Larimer County Department of Health for guidance. [Larimer County, Colorado](#)