



EARLY  
CHILDHOOD  
COUNCIL  
OF LARIMER COUNTY

*presents the*

# 15TH ANNUAL AFTER SCHOOL ZONE CONFERENCE



**A CONFERENCE FOR PROFESSIONALS  
WORKING WITH SCHOOL-AGED CHILDREN  
IN AFTER SCHOOL AND OUT OF SCHOOL  
PROGRAMS**



**Saturday, September 29, 2018**

**9:00 a.m. to 4:10 p.m.**

**Group Publishing**

**1515 Cascade Avenue**

**Loveland, CO 80538**

*Northwest Corner Highway 34 and Cascade Avenue*

# KEYNOTE SPEAKERS

## Connor Long



Connor Long has been widely recognized for his advocacy on behalf of people with differing abilities, both physical and intellectual. He has been honored by a number of organizations, including the National Down Syndrome Society and the John Lynch Foundation. In 2016, The Arc of the United States presented him with the Catalyst Award as national self-advocate of the year.

Graduating from high school with a full academic diploma, Connor then studied with the Colorado Shakespeare Festival School of Theatre at CU Boulder. He is a founding player in the Tapestry Theatre Company, an inclusive all-abilities troupe in Louisville. Connor holds acting credits in stage, screen, live action and television. Having received several best actor nominations, Connor won Best Actor at an international film festival in France, for his lead role in the short film, Learning to Drive. In 2017, he broke new ground when he won a Heartlands Regional Emmy for his work as a contributing reporter for the Denver 7 News.

As an avid athlete, Connor was a swimmer in high school and in Special Olympics. He now cycles annually to raise funds for medical research into Trisomy 21 (Downs Syndrome) and related conditions. Connor holds a black belt in taekwondo and he recently began training with Ninja Nation.

## William Anderson



William Anderson is a proud Colorado Native from what he believes is the best city in the world, Aurora. He earned his undergraduate degree in history and secondary education from Metropolitan State University and his Master's in curriculum and instruction from the University of Phoenix. Currently, William is a doctoral student at the University of Colorado at Denver, studying education and urban and diverse communities.

Currently, William is a Senior Team Lead teacher at The Manual High School in Denver Public Schools. He has been in education for 10 years. With a passion for the social sciences, William wants his students to understand history's role in getting them to where they are and how they can be change agents of the future.

William was a member of the Bill and Melinda Gates Foundation's Teachers Advisory Council from 2014-2016. As a self-professed nerd, William loves to read, write, eat junk food, and laugh.

# SCHEDULE

DOORS OPEN AT 8:30 a.m.

**8:30 a.m.-9:00 a.m.**

**Registration and Light Breakfast**

**9:00 a.m.-10:00 a.m.**

**Welcome and Morning Keynote**

**10:10 a.m.-12:20 p.m.**

**Morning Workshops**

Session 1...A, B, or C

(2 hours)

10:10 a.m.-12:10 p.m.

OR

Session 2... D, E, or F

(1 hour)

10:10 a.m.-11:10 a.m.

AND

Session 3... G, H, or I

(1 hour)

11:20 a.m.-12:20 p.m.

**12:10 p.m.-12:50 p.m.**

**Lunch and Networking Activities**  
*(vegetarian & gluten-free options available)*

**12:50 p.m.-1:50 p.m.**

**Afternoon Keynote**

**2:00 p.m.-4:10 p.m.**

**Afternoon Workshops**

Session 4... A, B, or C

(2 hours)

2:00 p.m.-4:00 p.m.

OR

Session 5... D or E

(1 hour)

2:00 p.m.-3:00 p.m.

AND

Session 6... F or G

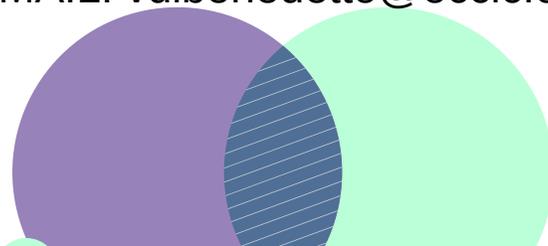
(1 hour)

3:10 p.m.-4:10 p.m.

# HOW TO REGISTER AND CHOOSE YOUR WORKSHOP SESSIONS

- Read the workshop descriptions on page 5-8.
- Choose ONE 2-hour workshop OR TWO 1-hour workshops in both the morning and afternoon.
- Space is limited and sessions are filled on a first come, first serve basis. If registering with the paper registration form, please indicate your 1st and 2nd choice for each workshop.  
For online registration ONLY, if sessions are full, they will not be available as a choice from the drop-down menus.
- Complete the registration form. (page 9)
- If you wish to pay with a credit card, you must register on-line @ [www.ecclc.org](http://www.ecclc.org) and pay through PAYPAL.
- Mail registration form and/or payments to:  
2850 McClelland Drive, Suite 3400  
Fort Collins, CO 80525
- You may also fax or email your registration form and mail payment to address above. FAX: 970-377-2866

EMAIL: [vdibenedetto@ecclc.org](mailto:vdibenedetto@ecclc.org)



# MORNING KEYNOTE

## **Inside the Student is a Child**

*Connor Long, Active Speaker, Advocate, Athlete and Actor*

Come hear Connor's personal story reflecting the importance of believing in a child. As a provider, understand the opportunity you have to make special connections and provide school-aged children with unique experiences. Witness the importance of teaching to a child's strengths and to address their challenges with encouragement and kindness.

## WORKSHOP DESCRIPTIONS

### Morning Workshops

**Choose one 2-hour workshop OR two 1-hour workshops**

#### **Session 1-A (2 hours) Fostering Empathy through Nature**

*Ashley Young, Education Coordinator, Gardens on Spring Creek*

Discover how children develop empathy while experiencing hands-on training in outdoor nature-based activities that help children build a deeper connection to each other and their natural world. Dress prepared to go outside, weather permitting.

#### **Session 1-B (2 hours) How to Make a Difference for a Child who Experiences Trauma**

*Andrea Fotsch, Larimer County Children Youth and Families*

Reveal a child's invisible suitcase holding not only traumatic experiences, but also how they view themselves and the world around them. Discover how to address self-regulation and resulting challenging behaviors in the classroom. Discuss compassion fatigue and preventive strategies. Come learn about signs of childhood trauma and tips on how to build resilience.

#### **Session 1-C (2 hours) Emotional Literacy**

*Christine Cerbana, Trainer/Facilitator in Early Childhood, Parenting Education*

Learn practical tips and strategies to teach children to recognize, express, and manage a range of emotions. Discover how emotional literacy benefits a child's mental health, well-being, and cognitive skills for success in school. Give children the gift of lifelong emotional health.

**OR**

#### **Session 2-D (1 hour) I Have a Loose Tooth, and other Musical Moments**

*Amanda Silvestri, Certified Classroom General Music Teacher*

Come move, sing and dance! Get your toes tapping and your students laughing, while celebrating our cultural heritage. Experience use of simple instruments with classic literature and sample musical activities from your grandparents' generation in this fun-filled, fast paced workshop!

# WORKSHOP DESCRIPTIONS

## Morning Workshops....continued

### **Session 2-E (1 hour) How Your After-School Program Can Support Social Emotional Competence and Academic Achievement**

*Nathaniel Riggs, PhD, Professor of Human Development and Family Studies, Colorado State University*

Review areas of the brain responsible for self-regulation and social skills. Discover how after-school programs may be uniquely qualified to promote this brain development leading to social-emotional competence, academic achievement, and potential career success. Explore evidence-based practices that can be implemented in the after-school context to support this growth.

### **Session 2-F (1 hour) Ish-y Art**

*Paige Keck, Young People's Learning Center Teacher, 12+ years teaching art to children ages 3 1/2-14 years old.*

Discover both individual and cooperative art-based activities inspired by the books, "**Ish**" and "**The Dot**" by Peter H. Reynolds. Learn easy to replicate projects using line drawing, stencils, and "dot" drawing techniques. Even teachers who think they are "not artistic" can take ideas back to use in their program.

## AND

### **Session 3-G (1 hour) Don't Drop the Ball**

*Coach Logan Hastings, Amazing Athletes of Colorado, Educational Sports Program*

Align priorities regarding the health and fitness of children and activities that we implement. Create an environment where health, fitness, and movement are not only exciting, but foster growth, higher educational success and well-balanced children in before and after school programs. Be prepared to move!

### **Session 3-H (1 hour) Protecting our Children: Recognizing and Responding to Concerns of Child Sexual Abuse**

*Mary Beth Swanson, Children's Therapist*

Statistics are staggering: One in ten children are victims of sexual abuse before the age of 18. Often, school-aged child care providers are the first to become suspicious. Practice identifying normal sexual development versus red flag behavior. Recognize how to respond if you believe a child is sexually abused.

### **Session 3-I (1 hour) Reading the Room: Group Management Strategies**

*Chris Mitchell, BASE Camp*

Delve into an interactive demonstration to prepare your group. Adjust your planning in order to get the most engagement/amusement out of your children. Apply memorable acronyms (CARE/GRABBS) to learn this new strategy for group management.



# AFTERNOON KEYNOTE

## Learning Outside Traditional Spaces

*William Anderson, M.ED, Senior Team Lead Teacher-The Manual High School, Denver Public Schools*

Discover strategies outside of "traditional time" to learn about children in your care, and their communities. Critically examine how educational experiences during "non-traditional" hours provide academic and social tools unlike that of conventional education. Learn practical approaches to develop your professional and personal self to provide children with tools not only to survive, but to thrive.

## WORKSHOP DESCRIPTIONS

### AFTERNOON WORKSHOPS

**Choose one 2-hour workshop OR two 1-hour workshops**

#### **Session 4-A (2 hours) Show Your Self-Compassion**

*Amanda Mahoney, MA, MFT, Private Practitioner, Certified CCT (Compassion Cultivation Trainer), Senior Teacher*

Avoid compassion fatigue and burnout by engaging in strategies to promote a healthy mindset. This shift can result in an improved sense of connectedness, job satisfaction and a greater ability to handle work related stress. Leave this workshop with practical tools for immediate implementation.

#### **Session 4-B (2 hours) Cooking With Kids**

*Xanna Burg, B.S. Dietetics and MPH in Epidemiology, Colorado State University*

Concoct a recipe while discovering strategies and ideas for implementing cooking activities in your program. Learn tips for cooking with school-aged children and how to incorporate academic and life skills into cooking lessons. Discuss food safety and basic nutrition principles.

#### **Session 4-C (2 hours) What's Culture Got to Do With It?**

*Charlie Ruda, Research Associate, Clayton Early Learning and Melissa Jewell, Strategic Initiatives/Research & Evaluation Coach, Clayton Early Learning*

Examine how stereotypes and biases affect everyday life as well as work with children and their families. Design a culturally responsive school-age classroom. Leave with a better understanding of yourself and how you relate to your world, both personally and vocationally.

**OR**

# WORKSHOP DESCRIPTIONS

## Afternoon Workshops.....continued

### **Session 5-D (1 hour) Therapy Through Art and Play**

*Elizabeth Fuller, BASE Camp, Four-time Presenter for the After School Zone Conference*

Design craft activity kits to help children process through challenging circumstances and behaviors including sorrow/trauma, high energy/ADHD, conflict resolution, and more! Therapy boxes are easy to make and a fun way to engage a child who is struggling!

### **Session 5-E (1 hour) Boost Your Program With STREAM**

*Stacy Hale, School-aged Child Care Provider with 20+ Years Experience*

Join this hands-on workshop to experience activities that incorporate STREAM in your program. Take away activities to use immediately in the areas of science, technology, reading, engineering, art and math (STREAM) that link to engaging book titles.

**AND**

### **Session 6-F (1 hour) Drama for Drama's Sake**

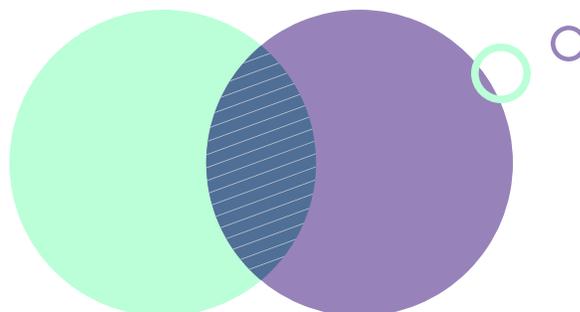
*Renee Badertscher, Former School-aged Site Director, BASE Camp; Member of Improv Group*

Join this interactive workshop about introducing theatre to kids. Learn how to engage your kids in active games that allow them to expand their imagination and social-emotional awareness. Come ready to play games and to laugh!

### **Session 6-G (1 hour) How Many Cows? The Powerful Impact of Extravagant Investment**

*Tami Roskamp, Program Director, Partners Mentoring Youth*

Through the use of story, explore the impact of intentionally investing in the social-emotional development of youth. Understand how to foster healthy social-emotional development as well as learn the 4 competencies of emotional intelligence. Come away with tools to easily incorporate into your daily work.



## AFTER SCHOOL ZONE CONFERENCE 2018 REGISTRATION FORM

*Registration Deadline-Friday, September 21, 2018*

Name			
Address			
City	State	Zip	
Email	Phone		
Employer/Program Name			
How many school-aged children are enrolled in your program?			
Please tell us any special accommodations you may need to enjoy this day.			

- \*\* Choose EITHER one 2-hour workshop OR two 1-hour workshops for the Morning & Afternoon.**
- \*\* For each session, indicate your 1st and 2nd choices with number 1 and 2.**
- \*\* If no choices are given, sessions will be assigned by the Conference Coordinator.**
- \*\* There is limited space in each session; registrations are processed in the order they are received.**

### Morning Workshops

Session 1 10:10 a.m.-12:10 p.m. <b>OR</b>	2-Hour	1-A _____	1-B _____	1-C _____
Session 2 10:10 a.m.-11:10 a.m. <b>AND</b>	1-Hour	2-D _____	2-E _____	2-F _____
Session 3 11:20 a.m.-12:20 p.m.	1-Hour	3-G _____	3-H _____	3-I _____

### Afternoon Workshops

Session 4 2:00 p.m.-4:00 p.m. <b>OR</b>	2-Hour	4-A _____	4-B _____	4-C _____
Session 5 2:00 p.m.-3:00 p.m. <b>AND</b>	1-Hour	5-D _____	5-E _____	
Session 6 3:10 p.m.-4:10 p.m.	1-Hour	6-F _____	6-G _____	

Circle the amount enclosed:	Regular registration	\$50/person
	Group registration*	\$40/person

*\* Group registration: Discount for programs submitting 5 or more registrations*

#### Mail registration form and/or payment to:

Early Childhood Council of Larimer County  
 2850 McClelland Drive, Suite 3400  
 Fort Collins, CO 80525

**To pay with a credit card, please register on-line at [www.ecclc.org](http://www.ecclc.org)**

You may also fax your registration form-970-377-2866 or email-[vdibenedetto@ecclc.org](mailto:vdibenedetto@ecclc.org)

#### Questions?

**Contact Valerie at the Early Childhood Council @  
 970-377-3388, ex. 201 or [vdibenedetto@ecclc.org](mailto:vdibenedetto@ecclc.org)**