

CHRISTINA GOMEZ

EARLY CHILDHOOD MENTAL HEALTH
CONSULTANT
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ABOUT CHRISTINA

Christina has always had a passion for working with children and their families. Prior to working as an Early Childhood Mental Health Consultant, Christina provided therapy, parenting education, and many other therapeutic services to children, families, and adults involved in the child welfare systems in Larimer and Weld counties.

Christina grew up in New Mexico and received her Bachelor in Family and Consumer Science with a minor in Counseling Educational Psychology from New Mexico State University. She then moved with her husband to Fort Collins and received her Master's degree in Human Development and Family Studies with an emphasis in Marriage and Family Therapy from Colorado State University. She loves to learn and is always looking to increase her knowledge.

When she is not working, she enjoys spending time making memories with her husband, four children, and two chihuahua puppies. They can often be found going on bike rides, hosting neighborhood get togethers, camping, or watching movies together.



FAVORITE CHILDREN'S BOOK

The Story of Ferdinand

By Munro Leaf

