

LETHA GILLISSE

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ABOUT LETHA

Letha grew up in western Michigan, and recently relocated to Colorado after 13 years in Seattle. She's completed her M.A. in Counseling Psychology and a B.A. in Elementary Education. For nearly two decades, her passion has been as an advocate for child-centered development, including in a Reggio-inspired system. This approach prompted her exploration of other ways to work with and support children's growth, well-being and secure attachment. She has previously served children, teens, and families in a private practice setting, as well as a community clinical environment.

For the last six years, she taught at an independent school in classroom settings for children between the ages of 2-5. Letha is currently finishing her post-graduate certification through University of Washington Barnard Center for Advanced Clinical Training in Infant Mental Health. She's excited to contribute to the Council and their partners, as it brings together her passion, experience of working as a teacher and integration of experiences as a mental health therapist. Letha loves adventures, cooking, reading, the outdoors, learning from podcasts, and looks forward to exploring Fort Collins and Northern Colorado.



FAVORITE CHILDREN'S BOOK

The Rabbit Listened
By Cori Doerrfeld

