



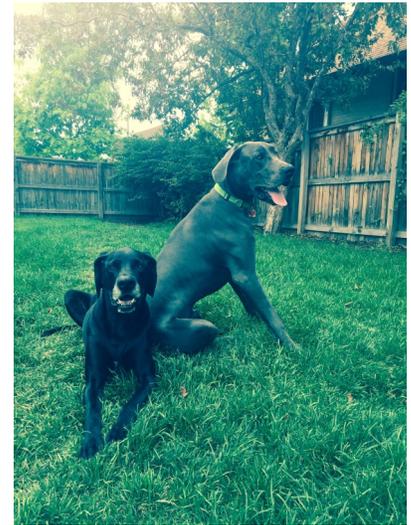
Réka Cachat Quality Support Coach

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Réka is Hungarian, born and raised in the Transylvanian Region of Romania. Growing up in a bi-cultural country was to her advantage as she became fluent in both languages.

Réka holds a Bachelor of Arts degree in Philosophy and Anthropology from Romania. Her career in the early childhood field began in 2001 working with orphan children with various emotional, physical and learning disabilities in her hometown's orphanage. This experience has afforded her the opportunity to become familiar with the critical impact trauma can have on a child's development and led her to a found passion for working with children at risk. After graduating college, she worked with Roma children and families in need, providing them a safe environment and fun learning experiences.

Réka came to the U.S.A. in 2005 and after settling down in Fort Collins, she sought to continue her education in Early Childhood Education. Since then she has worked in childcare settings as substitute teacher, preschool teacher, and assistant director.



Réka joined the Quality Support Team in February of 2015. She has the privilege of building relationships with various child care programs' administrative and teaching staff as well as in-home family providers. Part of her job is to recognize and build on an individual's existing knowledge and skills and assist her/him to reach for a higher level of quality for the purpose of providing the best experiences for children. As a coach, Réka also designs, facilitates and assists in trainings for early childhood professionals.



When not at work, Réka enjoys spending time with family and friends, go to live music performances, playing with her dogs, and travel the world.

Favorite quote: "I haven't been everywhere but it's on my list" (Susan Sontag)

Favorite Children's Book:

[The Extraordinary Gift](#)

by Florence Langlois

