



Heather Soderberg

Quality Support Coach

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Heather joined the Early Childhood Council staff in April of 2014 as part of the Quality Support Team. Prior to this, she found her calling in the early childhood field while working for many years with young children in childcare settings as an Infant Nursery Supervisor, a preschool teacher, school-age teacher, a substitute teacher, a center director and a contract trainer for the council. Heather received a Bachelor of Science degree in Human Development and Family Studies from Colorado State University and uses knowledge gained from schooling as well as various training opportunities in her work with young children, their families and teachers on a daily basis. The main focus of her current work is with teachers who care for and educate the youngest population in our community. She works on building relationships with early childhood teachers through observing and reflecting on current practices. Heather loves the work she does in the Early Childhood field and is honored to have the opportunity to partner with early childhood teachers. She hopes that, together, our community can provide the highest quality experiences for our youngest members.



Through Heather's work, she discovered that she also has a love and passion for educating adult learners. Part of her work includes creating and facilitating trainings for early childhood educators. These trainings include Touchpoints, Expanding Quality in Infant/Toddler Care Curriculum, Using the Early Learning and Development Guidelines for Lesson Planning and Observing, Infant Safe Sleep, Colorado Shines Evidence and Environmental Rating Scale, and Pyramid.

In her spare time, Heather loves to spend time with her husband Jason, two children and their dog. They spend time playing outside, visiting local sites, weekend trips to the mountains, and watching the Broncos. Heather has found through her work that self-care is important and, as a mother, wife and teacher, is learning to take time for herself. She does this by sitting in her hammock, reading, listening to music and singing along, and going for walks with her dog Tesla.



Favorite Children's Book:

[Ish](#)
by Peter Reynolds

